



School Leavers Transition Pathway Protocol

Children's Disability Services to Adult Day Services

What is an adult day service and who may it be suitable for?

Adult day services are HSE funded programmes to provide day service supports to people, age 18 and over, with intellectual disabilities, autism, or people with complex physical disabilities. The programmes assist people to make choices and plans and to be an active, independent member of the community. Service Providers have individual service entry criteria and deliver varying degrees of supports to people with a very diverse set of needs, wishes and aspirations

The HSE fund **NEW DIRECTIONS** type day services. New Directions provides a Model of Supports organised around the person, based on their identified needs and wishes. This approach sets out to ensure that being part of one's community is a real option. To read more about New Directions go to HSE's website: www.hse.ie/newdirections

Rehabilitative training programmes are training courses funded by the HSE to develop life skills, social skills, and basic work skills for people with intellectual disabilities, autism, mental health difficulty or people with complex physical disabilities. The courses usually last from two to four years. These courses can be a stepping stone to more mainstream education or training options. (Mental Health programmes are only available in some areas)

Referral Criteria

- To refer for HSE Day Service the student must have a confirmed diagnoses completed of any of the following areas:
Autism Spectrum Disorder (ASD), Mild Moderate or Severe Intellectual Disability, Physical and Sensory impairment (deaf / hard of hearing or blind/ visually impaired)
- Diagnoses **NOT** meeting this criteria are: **ADHD, Mental health issues only, such as Depression, Anxiety, or Dyslexia, Dyspraxia, Dyscalculia**
- If the young person is planning on going on to third level education then there is no requirement for a referral to a day service.

If you require any further information regarding a Day Service or Rehabilitative Training please contact your local Day Opportunities Officer:

South Tipperary: Orla Slattery Orla.slattery2@hse.ie 0871051183

Waterford: Janet Ferguson janet.ferguson@hse.ie 0872519534

Carlow/Kilkenny: Ashling Mc Dowell Ashling.McDowell@hse.ie 0873394807

Wexford: Janet Daly: janet.daly@hse.ie 086-0255671

Adult Disability Day Services Transition Pathway:

Step 1

- Identification of all prospective young people transitioning to Adult Disability Services.
- Childrens Disability Network Team to forward list for each area to Adult Day Disability Services by mid-May, year prior to young person leaving school/turning 18
- Childrens Disability Network Team to access list of school leavers on IMS as per IFSP goals

Step 2

- The Adult Disability Day Services office will notify the Childrens Disability Network Team of young people whom they have not received a referral form for end May year prior to young person leaving school/turning 18

Step 3

- If no referral has been made by school, the lead clinician to make initial contact with young person and parent to determine if they would like to be considered for a day service (Ensure criteria has been met as outlined on page 2)
- Send letter and leaflet explaining “What is a Day Service “ and consent form (Appendix 1,2, 3 and 6) to the young person. On receipt of consent form the lead clinician should complete the referral form (Appendix 5) and forward with the signed consent form to disabilitydayservices.cho5@hse.ie
- June of year prior to the young person leaving school.

Step 4

- The Day Opportunities Officer will then make contact with the young person and arrange to meet with them to go through day service options and complete profile assessment if necessary. August to December 2024

Step 5

- Jan/Feb face to face meeting with Childrens Disability Network Team, and local Day Opportunities Officer to discuss all school leavers for the current year and identify any key requirements. Adult Disability Case Manager may also participate in this meeting.
- For complex cases, a case review may be required between the relevant clinicians in the Childrens Disability Network Team, the Day opportunities Officer, members of adult disability team and any other relevant professions including school if required.

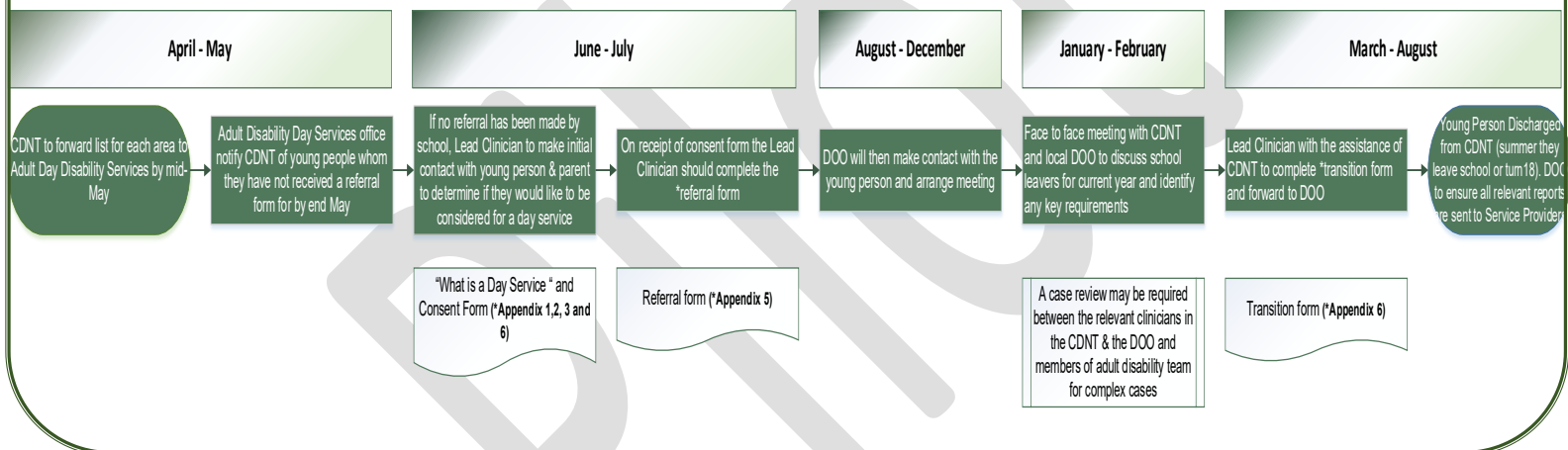
Step 6

- Lead clinician with the assistance relevant members of Childrens Disability Network Team to complete transition form and provide any relevant reports to advise local Day Opportunities Officer if any specific supports, equipment or considerations that will be required to support the person in their day service. Appendix 6 and forward to relevant Day Opportunities Officer for the area.
- Childrens Disability Network Team clinicians to update the young person’s IMS file for transition to adult day services
- Jan to April of the year the young person is leaving school/turning 18.

Step 7

- Lead clinician to inform administration regarding the outcome of the adult day service transition process. Young person will be discharged from Childrens Disability Network Team once they turn 18yrs old
- Day Opportunities Officer to ensure that all relevant reports/assessments from Childrens Disability Network Team are forwarded to service providers where relevant once identified for each young person by end of July young person is leaving school/turning 18

Adult Disability Day Services Transition Pathway:





Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

APPENDIX 1

Date:

Re: Transition from School to Adult Disability Day Services – Document for Completion

Dear

According to our records, you are potentially due to transition from school in summer ****insert year****. We note that you have expressed an interest in potentially accessing an Adult Disability Day once you turn 18. If you wish to explore this further we would appreciate if you would complete the enclosed consent form and return in the enclosed self-addressed envelope - by..... Once we have reviewed the completed consent for we will contact you.

In the enclosed pack, you will find:

1. Consent Form: Please read and sign this form to give consent for us, if you wish to be considered for an Adult Day Service.
2. Leaflet explaining, What is an Adult Day Service?
3. Easy Read 'What is a Day Service'

Best wishes and kind regards,

Children's Disability Network Team (CDNT)

APPENDIX 2

What is an Adult Day Service

Adult day services are HSE funded programmes to provide day service supports to people, age 18 and over, with intellectual disabilities, autism, or people with complex physical disabilities. The programmes assist people to make choices and plans and to be an active, independent member of the community. Service Providers have individual service entry criteria and deliver varying degrees of supports to people with a very diverse set of needs, wishes and aspirations

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What happens next?

If you wish to apply for an adult day service, please sign the attached consent form. The CDNT will link with your local Day opportunities Officer who will ensure your referral is received. The Day Opportunities Officer from the HSE's Day Opportunities Service will liaise with you, your family and your school.



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Consent Form

Occupational Guidance, Adult Day and Rehabilitative

Training Services

Name of Person being referred/Service User	Click here to enter text.
Address	Click here to enter text.
<p>I, the above named, hereby authorise the Health Service Executive to:</p> <ol style="list-style-type: none"> 1. Obtain relevant information and reports including medical reports that exist within the services listed below, which are required for the purpose of providing an Occupational Guidance Service and/or a HSE Day service to me. <ul style="list-style-type: none"> • The Health Service Executive (HSE); • HSE contracted service providers; • Education Service Providers; • The National Educational Psychological Service. • General Practitioners/Medical Consultants 2. I also consent to the sharing of this information, in strict confidence, for this purpose with third parties including statutory and voluntary organisation such as; the Department of Social Protection, Department of Education and Skills, SOLAS, and any HSE funded disability service providers involved in the provision of services appropriate to my needs. 3. To keep the information and reports obtained on computer (database), for the above purpose only, on the basis that the information will be stored and disclosed in accordance with the Data Protection Act 1988 and 2003. 	
Signed by referred person/Service User	*
Print Name	*
Date	*
<p>Please note: If the person is Under 18 or the referrer is of the opinion that the consent of the client's family or advocate is required in regard to the completion of this form please arrange for their signature below.</p>	
Signed	*
Print Name	



This information is about choices for what you do when you finish school.



Day Opportunities Officers in the HSE can help you to make decisions about your plans.



To access this service you have to have a disability.

18

You have to be 18 to start in an adult placement.



You and your family start to talk to a Day Opportunities Officer when you are still in school.



There are three options.



1. Adult Day Services Placement – In a day service, you will make a plan about your life goals and staff will support you to meet these.



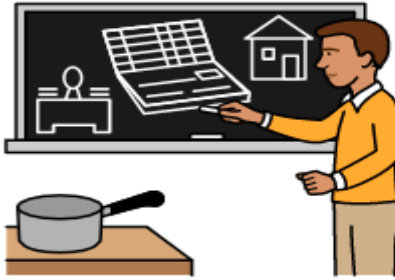
Your goals do not have to be about work or education.



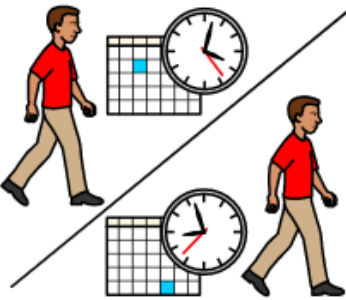
You can keep attending day service for as long as you want.



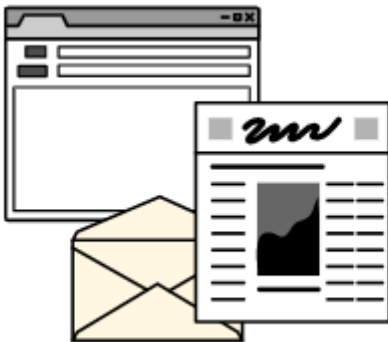
2. Rehabilitative Programme (RT) – this type of programme gives you practical skills to get a job or do further education.



It is based on your individual skills and abilities.



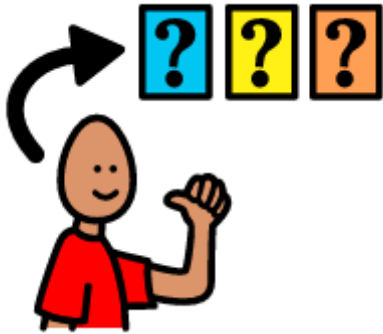
It is usually two years long.



3. Getting general information about education and employment.



If you are thinking about these options, you and your family will meet a Day Opportunities Officer to do some paperwork.



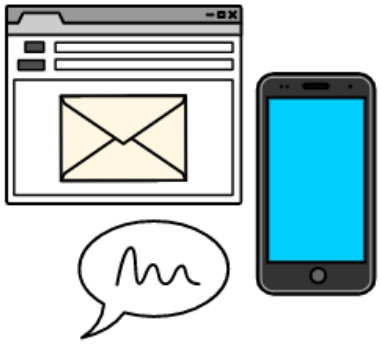



They will suggest different options for you.



You can go and visit places you are interested in to help make a decision.



The Day Opportunities Officer will apply for HSE funding for your placement.

	<p>If you want more information you can contact us:</p>
	<p>Phone: 059 9156417</p>
	<p>Email: disabilitydayservices.cho5@hse.ie</p>
	<p>Address: Disability Day Services, HSE South, St Dymphnas Hospital, Carlow. R93 DE62</p>

APPENDIX 5

To Access Adult Disability Referral Form – Highlight link, right click, click open Hyperlink

<https://www.hse.ie/eng/services/list/4/disability/newdirections/access-to-day-services-for-adults-with-disabilities.html>

Pilot



Young Person CDNT Transfer Report to Adult Day Services

Private and Confidential

Name	
Address	
Date of birth	
Parent/Guardian Name	
Parent/Guardian Address	
School and Class	
HSE funded Service being considered	
Date of report	

Purpose of Report:

To facilitate xxxx transition from Children Disability Network Team to Adult Services

Background history:

Family composition and supports:

Overview of Presentation and support requirements (Strengths and challenges):

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Physiotherapy

Function and ability	
Orthopaedics:	
Posture/ROM/Tone	
Equipment in situ (postural passport may be included as appendix if relevant)	

Nursing

Support provided	
Respite/home support	

Dietetics:

Ongoing needs	
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Occupational Therapy

Activities of Daily Living	
Sensory preferences and differences:	
Meaningful Occupations – activities of preference/interest:	
Postural Management (postural passport may be included as appendix if necessary):	
Hoisting/Transfers:	
Equipment in situ:	

Social Work:

Current Supports	
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Speech and Language Therapy

Eating drinking and swallowing	
Communication Mode (spoken word, visuals, Lamh, objects of reference, AAC etc):	
What supports are required to facilitate communication (staff training, environment):	
Communication Passport (included as appendix if relevant)	

Psychology

Intervention provided	
Ongoing needs	

Signed: _____

Title: _____

Print Name: _____

CDNT Location: _____

Date: _____